

[www.isthaa.com](http://www.isthaa.com)



Bangalore & Kozhikode

12 Years old  
**Institution**

100 Years old  
**Hospital**



Indias No:1

Ayurveda & spa academy with  
UGC certification

First time as

Online / hybrid / in campus programmes  
Under one roof

In House  
60 Year Old

Ayurvedic Treatments & Hospitals  
Named Kadathanadan Ayurveda



# Approval from



## Rabeendra Natha Tagore University



## Bharath Sevak Samaj

A national development agency promoted by Govt of india



## STED Council

An Autonomous Body Recognised by Govt. of National Capital Territory



## NSDC Knowledge Partner

# 2 Institutions

Across India

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## Over 5,000+ Students placed

In reputed hospitality industries around the world

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## Selected by Salon international Magazine

As the top spa institute in the Country  
and featured the Institute in  
one of its issues









**Kadathanadan  
Ayurveda**

100 years old Ayurveda Hospital

Kadathanadan Ayurveda boasts a tradition of over a century in natural healing.

Kadathanadan Ayurveda was initiated in Ayancheri by Shri. Ravunni Nair, an acclaimed Ayurvedic expert. Shri. Ravunni Nair, who inherited the expertise of 'Thulunadan' treatment methods, was also a master in 'choondu marma', a martial art of defense, and 'Marma Chikista', the ancient therapy.

Today, Kadathanadan Ayurveda offers a permanent cure to numerous patients, who are from India and abroad, with chronic and critical ailments.



# Why choose Isthaa academy ?

- ISTHAA is proud to have conducted India's first UGC approved courses by Rabindranatha Tagore University
- Learn from the industry experts with two ayurveda hospital in Kozhikode in kerala and banglore in Karnataka







- Syllabus Exclusively Designed for Job seekers, freshers , Business Owners and Working Professionals
- Hands on training while learning and Long Term Assistance for the doubts
- ISTHAA, located in the serene parts of Bangalore and Kozhikode in Kerala, provides a well-equipped and unique training venue.

- Ayurveda and Spa products are designed to include a range of exclusive treatments.
- The venue can accommodate 10 students at a time, ensuring that the quality of training is not compromised, and each learner can benefit from personal attention and guidance.



Courses

# Online/Hybrid/ In Campus

The institute offers training in a manner that ensures personal and individual attention while maintaining the highest possible standards.

Most modules include both theoretical and practical components, which are regularly monitored for quality and manageability. Classes are conducted by well-qualified and experienced tutors dedicated to delivering the very best. Upon successful completion of the courses, learners are issued valid certificates. Online learning programs are designed for learners to complete under qualified faculty supervision, while Hybrid programs involve 30 percent of the training at the venue and 70 percent conducted under the supervision of a qualified therapist or supervisor.

# The main area covered **In the academy are:**

Diploma In Ayurveda Massage &  
Panchakarma

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Diploma In Ayurveda Nursing &  
Panchakarma

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Diploma In Ayurveda Nutrition & Dietetics

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Diploma In Ayurveda Cosmetic &  
Formulation

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Diploma In Ayurveda Herbal Medicines

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Diploma In Spa Therapy

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Diploma In Spa Management

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Diploma In Yoga And Medication

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Diploma In Hospitality Management

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Diploma In Psychology

Online

## Basic Certificate Course

( 6 Days / 2 Hours Per Day )

## Diploma Course

(15 Days / 3 Hours Per Day )

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Hybrid

## Diploma Course

15 Days ( Online 10 Days -  
In Campus 5 Days / 3 Hours Per Day )

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In campus

## Professional Diploma Course

1 Month ( 4 Hours Per Day )

## Professional Diploma Course

1 Month ( 4 Hours Per Day + Internship  
At Our Hospital )



Online

# Basic Certificate Course

(6 Days/2 Hours Per Day)

- Basic Of Ayurveda
- Basic Of Panchakarma
- Basic Of Ayurveda Nutrition
- Basic Of Ayurveda Cooking
- Basic Of Ayurveda Cosmetology
- Basic Of Ayurveda Herbal Medicines
- Basic Of Spa Therapy
- Basic Of Spa Management



Online

# Diploma Course

(15 days/3 Hours per day)

- Diploma In Spa Therapy
- Diploma In Spa Management
- Diploma In Yoga And Medication
- Diploma In Yoga Teacher Training
- Diploma In Psychology
- Diploma In Child Psychology  
And Learning Disability
- Diploma In Nutrition And Dietic
- Diploma In Hospitality Management



Hybrid

## Diploma Course

15 Days ( Online 10 Days – in Campus  
5 Days / 3 Hours Per Day )

- Diploma In Ayurveda Massage  
And Panchakarma
- Diploma In Ayurveda Nursing  
And Panchakarma
- Diploma In Ayurveda Nutrition  
And Dietetics
- Diploma In Ayurveda Cosmetic  
And Formulation
- Diploma In Ayurveda Beauty Care





In campus

# Professional Diploma Course

1 Month (4 Hours Per Day + Internship At  
Our Hospital )

- Diploma In Ayurveda Massage  
And Panchakarma
- Diploma In Ayurveda Nursing  
And Panchakarma
- Diploma In Ayurveda Nursing  
And Pharmacy

In campus

# Professional Diploma Course

Incampus- 1 Month (4 Hours Per Day )

- Diploma In Spa Therapy
- Diploma In Ayurveda Nutrition  
And Dietetics
- Diploma In Ayurveda Cosmetic  
And Formulation
- Diploma In Hospitality  
Management

# Career Opportunities

Five Star Hotels

Ayurvedic Hospitals

Resort and Clubs

Five Star Cruise

Airport Destination  
Wellness

Fitness Centers



# You Can **Work As**

Ayurveda Therapist

Spa Therapist

Spa Manager

Wellness Supervisor

Beautician

Yoga Trainer



# Start Your Business

Ayurveda Hospitals

Ayurveda Clinics

Wellness Centres

Spa Centres

Beauty Salon



# Isthaa-Bangalore



# Isthaa-Kerala



# How can this courses **Gives you a better future**

- Most Demanded and growing wellness, ayurveda and spa industry courses.
- You can get your dream job with a six-figure salary in Arab emirates and European countries.
- You can become a successful professional in a short span of time? Irrespective of your qualification.
- You can work in a five-star hotel or on a cruise ship.
- A short cut to move to Canada or any European country, free of cost!





Are you an Ayurveda Pancha karma Therapist / SPA Therapist ?

Are you facing troubles in Arab and European countries without having MOH?

Ans: If so, this is your golden opportunity to get UGC approved certification.



Are you working in Wellness, Hospitality, Ayurveda, SPA, Saloon or Beauty Industry?

Are you facing problems related to approved certification?

Ans: If so, call now for UGC approved certification.





Are you running an Ayurvedic Hospital, SPA Centre, Beauty Parlour or a Saloon?  
Is staff verification a hurdle for your smooth running?

Ans: ISTHAA has a solution.



How about getting a chance to move to a European country with just a Rs. 30,000 course fee?

Ans: ISTHAA has a solution, call immediately.



Do you aspire to work in a five-star hotel, on a five-star cruise ship, or anywhere in European countries?

Ans: If so, here is your golden chance to be a part of the highly demanded Hospitality and Wellness Industry.



# Start Your **Business**

## **Course and certification for a SPA / SALON / HOTEL / HOSPITAL Owner**

The academy provides on-site training within the workplace. If the curriculum being trained is part of a formal qualification, 30 percent of the training program must be completed online, and the remaining 70 percent will be conducted under the supervision of a qualified therapist or supervisor, provided the spa/hotel/hospital/salon has suitable theory and practical facilities. This does not apply if the training program is delivered as a workshop.



# Contact:

## Isthaa – Bangalore Campus

1st floor , 1/A, 1st Main Rd,  
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## Isthaa – Kerala Campus

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